

课程详述

COURSE SPECIFICATION

以下课程信息可能根据实际授课需要或在课程检讨之后产生变动。如对课程有任何疑问，请联系授课教师。

The course information as follows may be subject to change, either during the session because of unforeseen circumstances, or following review of the course at the end of the session. Queries about the course should be directed to the course instructor.

1.	课程名称 Course Title	中医学 B Traditional Chinese Medicine B				
2.	授课院系 Originating Department	医学院 School of Medicine				
3.	课程编号 Course Code	MED402B				
4.	课程学分 Credit Value	2				
5.	课程类别 Course Type	专业选修课/ Major Elective Courses				
6.	授课学期 Semester	春季/ Spring				
7.	授课语言 Teaching Language	Chinese				
8.	授课教师、所属学系、联系方式 (如属团队授课, 请列明其他授课教师) Instructor(s), Affiliation & Contact (For team teaching, please list all instructors)	李佑生, 主任医师, 南方科技大学第一附属医院 Li Yousheng, Chief Physician, The First Affiliated Hospital of SUSTech				
9.	实验员/助教、所属学系、联系方式 Tutor/TA(s), Contact	无 /NA				
10.	选课人数限额(可不填) Maximum Enrolment (Optional)					
11.	授课方式 Delivery Method	讲授 Lectures	习题/辅导/讨论 Tutorials	实验/实习 Lab/Practical	其它(请具体注明) Other (Please specify)	总学时 Total

学时数 Credit Hours	32				32
---------------------	----	--	--	--	----

12. 先修课程、其它学习要求 Pre-requisites or Other Academic Requirements	无/NA
13. 后续课程、其它学习规划 Courses for which this course is a pre-requisite	待定/To be determined
14. 其它要求修读本课程的学系 Cross-listing Dept.	待定/To be determined

教学大纲及教学日历 SYLLABUS

15. 教学目标 Course Objectives

通过介绍中医学的发展历史及其对人类的健康和社会发展的贡献，使学生对中医学理论的系统性和科学性有初步的认识，对学习本课程的重要意义有正确的认识，对中医理论体系的整体观念、辨证施治及恒动观念三大特点的内涵有明确的概念。

By learning the history of Traditional Chinese Medicine and its contribution to human health and social development, students will have a preliminary understanding of the systematic and scientific nature of its theory, have a correct understanding of the significance of this course, and have a clear concept of the connotation of the three characteristics of the overall concept, dialectical treatment and perpetual motion concept of the theoretical system.

16. 预达学习成果 Learning Outcomes

本课程完成后，学生将能够：

- (1) 掌握整体观念、辨证论治及恒动观念内涵及“病”、“证”、“症”三者在概念上的差异。
- (2) 熟悉秦汉时期四部奠基性医学经典著作。
- (3) 了解中医学发展的六个阶段。

The students will

- (1) Master the overall concept, syndrome differentiation, the connotation of perpetual motion concept and the conceptual differences between “disease”, “certificate” and “symptom”.
- (2) Be familiar with the four foundational medical classics in the Qin and Han Dynasties.
- (3) Understand the six stages of the development of Traditional Chinese Medicine.

17. 课程内容及教学日历（如授课语言以英文为主，则课程内容介绍可以用英文；如团队教学或模块教学，教学日历须注明主讲人）

Course Contents (in Parts/Chapters/Sections/Weeks. Please notify name of instructor for course section(s), if this is a team teaching or module course.)

第一章 导论

- 1、掌握中医学基本概念。
- 2、了解中医理论体系的形成与发展。
- 3、了解中医学的主要内容与特点。

Chapter 1 Introduction

1. Master the basic concept of Traditional Chinese Medicine (TCM)
2. Understand the formation and development of the theoretical system of TCM
3. Understand the basic content and characteristics of TCM

第二章 阴阳五行学说

- 1、掌握阴阳的概念和属性。熟悉阴阳学说、阴平阳秘、阴阳失调等概念。
- 2、掌握五行概念属性和归类和生克乘侮规律。
- 3、熟悉阴阳学说的主要内容和在医学中的应用。

Chapter 2 The theory of yin-yang and the five elements

1. Master concepts of the yin-yang and major concepts of the yin-yang
2. Master concepts of the five elements and major concepts of the five elements
3. Understand the application of yin-yang and the five elements in medicine

第三章 藏象

- 1、了解藏象理论的形成和特点。
- 2、掌握五脏的主要功能。
- 3、掌握五腑的主要功能。
- 4、了解奇恒之腑的组成，了解脑、女子胞的生理功能。
- 5、熟悉脏腑之间的相互关系：包括脏与脏、腑与腑、脏与腑之间的相互关系，尤其是心脾、肺脾、脾胃、肝脾、脾肾、肝肾等之间的相互关系。

Chapter 3 Viscera and their manifestations

1. Master the concept of the visceral theory
2. Master the major functions of five zang-organs
3. Master the major functions of five fu-organs
4. Master the major functions of brain and uterus

5. Master the relations among five zang-organs, the relations among zang-organs and fu-organs and the relations among the six fu-organs

第四章 气、血、津液

- 1、掌握气的概念、生成、分类、运动形式及功能。
- 2、掌握血的概念、生成及功能。
- 3、熟悉津液的概念、代谢和功能。
- 4、了解精与血、气与津液之间的关系。

Chapter 4 Qi, blood and body fluid

1. Master the basic concept, production, movement, functions and classification of qi
2. Master the concept, production, circulation and functions of blood
3. Master the concept, metabolism and functions of body fluid
4. Understand the relationships among qi, blood and body fluid

第五章 病因病机

- 1、掌握六淫的概念、性质、致病特点和主要临床表现。
- 2、熟悉可致病病理产物痰饮、瘀血、结石的概念、形成和致病特点。
- 3、了解七情、饮食、劳倦、疫疠的致病特点。
- 4、熟悉正邪相争、阴阳失调、气机失常的基本概念。

Chapter 5 Etiology and pathogenesis

1. To know how to describe etiology in TCM, master the concept of pathogenesis
2. Master the concept of exogenous pathogenic factor, Internal injury pathogenic factors
3. Understand the content of Internal injury pathogenic factors
4. Understand the concept of pathological product

第六章 四诊

- 1、掌握望神方法与临床意义、望舌方法和常见病舌的特征与主病、脉诊方法。
- 2、熟悉望舌的方法、脉诊的方法及注意事项。

Chapter 6 The four methods of diagnosis

1. Master four diagnostic methods of observation, auscultation and olfaction and interrogation
2. Understand pulse feeling and palpation diagnostic methods

第七章 八纲辨证

- 1、掌握八纲和八纲辨证的概念。
- 2、掌握表证、里证、寒证、热证、虚证、实证、阴证、阳证的基本概念、临床表现和辨证要点。
- 3、熟悉表证与里证的关系、寒证和热证、虚证和实证、阴证和阳证的关系与转化。

Chapter 7 The eight principal syndromes

1. Understand the differentiation of syndromes (bian zheng) in TCM is a method to analyse and recognize the syndrome of disease
2. Master syndrome differentiation of eight principles
3. Master the differentiation of syndromes according to the eight principles is the general guideline of TDS and important components of TCM diagnostics

第八章 脏腑辨证

- 1、掌握脏腑辨证的概念,掌握应用中医藏象理论确定疾病病因、病位、病性和病机的中医辨证体系。
- 2、熟悉各脏腑常见病证的证候类型、临床表现、产生机制、辨证要点。熟悉各脏腑之间相互影响的病变规律与脏腑兼证类型。

Chapter 8 Syndrome differentiation of viscera

1. Understand syndrome differentiation of viscera
2. Understand syndrome differentiation of qi, blood, and body fluid

第九章 经络

- 1、掌握经络系统的组成和生理作用。
- 2、熟悉经络的命名、十二经脉在四肢部位的循行路线和流注关系,以及任督两脉的循行路线。
- 3、了解经络的病理表现。
- 4、了解各经的主要治疗范围和某些特殊治疗作用。
- 5、了解经络的现代研究概况。

Chapter 9 The meridians and collaterals

1. Master the concept of the meridians and collaterals, and the constitution of the system of meridians and collaterals
2. Master the law of the distribution of the twelve meridians
3. Master the law of the distribution of the eight extraordinary vessels
4. Understand the distribution of the twelve meridians and the eight extraordinary vessels
5. Understand the clinical application of the theory of meridians and collaterals

第十章 腧穴

- 1、掌握穴位位置
- 2、了解穴位的指征

Chapter 10 Science of acupuncture points

1. Master the location of acupoints
2. Understand the indication of acupoints

第十一章 针灸治疗

通过学习，使学生对针灸的基本操作技能及处方选穴原则有一定的了解。

Chapter 11 Acupuncture treatment

1. Master the method of point selections for acupuncture and moxibustion in the treatment of stroke, facial paralysis, flaccid paralysis, insomnia
2. Understand the method of point selections for acupuncture and moxibustion in the treatment of constipation, diarrhea, obesity, hiccup, asthma

第十二章 预防与治则

- 1、掌握“治病求本”中“正治”与“反治”的内容、实质与临床意义。
- 2、熟悉“标本缓急、同病异治、异病同治”的内容与临床意义；熟悉中医“治未病”预防为主的主要思想。
- 3、了解“扶正祛邪、调整阴阳、三因制宜”的内容及意义。
- 4、了解治则与治法的关系及“汗吐下和温清消补”八种中医基本治法的内容与适应证。
- 5、了解治则与治法的关系及“汗吐下和温清消补”八种中医基本治法的内容与适应证。

Chapter 12 Principle for disease prevention and treatment

1. Master the concept of prevention principles, preventive treatment of disease, health preservation, routine treatment, contrary treatment
2. Master the content of reinforcing the healthy and eliminating the pathogenic
3. Master the content of regulating yin and yang
4. Master the content of regulating qi and blood
5. Understand the content of contrary treatment and routine treatment

第十三章 中药基本知识

- 1、掌握中药四气五味的内容、临床意义，及气味与中药功效的关系。
- 2、熟悉中药归经、配伍的内容与临床意义。

- 3、了解中药的产地、炮制、升降浮沉、毒性、用药禁忌、用量及煎服法。
- 4、了解中药的分类。
- 5、了解中药的现代研究进展。

Chapter 13 Basic knowledge of Traditional Chinese Medicine

1. Master basic concept of TCM
2. Master the four smell and five flavors of TCM
3. Master relationship between the four smell and five flavors and efficacy of TCM
4. Understand usage and classification of TCM
5. Understand modern pharmacology research of TCM

第十四章 方剂基本知识

- 1、掌握方剂“君臣佐使”的组方原则及临床意义。君臣佐使是本章节的重点与难点，因此，在讲明君臣佐使的概念后，必须分析君臣佐使在方剂中的差异与意义，并根据临床病例的用药进行分析证明。
- 2、熟悉方剂的临床组成变化形式。
- 3、了解方剂的常用剂型及优点、缺点。
- 4、了解方剂与治法的关系及方剂的分类。
- 5、了解方剂的现代研究进展。

Chapter 14 Basic knowledge of prescription

1. Master basic concept of monarch, minister, assistant and guide of TCM prescription
2. Master the clinical change form of TCM prescription
3. Understand commonly used dosage forms of prescription and their advantages and disadvantages
4. Understand usage and classification of TCM prescription
5. Understand modern pharmacology research of TCM prescription

Section	Hour	Teaching Contents
1	2	导论 Introduction
2	2	阴阳五行学说 The theory of yin-yang and the five elements

3	2	藏象 Viscera and their manifestations
4	2	气血津液 Qi, blood and body fluid
5	2	病因病机 Etiology and pathogenesis
6	2	四诊（1） The four diagnostics methods（1）
7	2	四诊（2） The four diagnostics methods（2）
8	2	八纲辨证 Syndrome differentiation of eight principles
9	2	脏腑辨证（1） Syndrome differentiation of viscera（1）
10	2	脏腑辨证（2） Syndrome differentiation of viscera（2）
11	2	经络学说 The meridians and collaterals
12	2	腧穴 Science of acupuncture points
13	2	针灸治疗学 Acupuncture treatment
14	2	防治原则 Principle for disease prevention and treatment
15	2	中药学基础 Basic knowledge of Traditional Chinese Medicine



16	2	方剂基础 Basic knowledge of prescription
----	---	---



18. 教材及其它参考资料 Textbook and Supplementary Readings

Text book:

《中医学》（人民卫生出版社出版 第九版：陈金水主编）

Supplementary Readings:

《中医学学习指导及习题集》（人民卫生出版社 第二版：高鹏翔、陈金水主编）

19. 评估形式 Type of Assessment	评估时间 Time	占考试总成绩百分比 % of final score	违纪处罚 Penalty	备注 Notes
出勤 Attendance		10		
课堂表现 Class Performance		20		
小测验 Quiz				
课程项目 Projects				
平时作业 Assignments				
期中考试 Mid-Term Test				
期末考试 Final Exam		70		
期末报告 Final Presentation				
其它（可根据需要 改写以上评估方式） Others (The above may be modified as necessary)				

20. 记分方式 GRADING SYSTEM

- A. 十三级等级制 Letter Grading
 B. 二级记分制（通过/不通过） Pass/Fail Grading

课程审批 REVIEW AND APPROVAL

21. 本课程设置已经过以下责任人/委员会审议通过
This Course has been approved by the following person or committee of authority

本课程已经医学院教学主任张文勇教授审核通过。