

课程详述

COURSE SPECIFICATION

以下课程信息可能根据实际授课需要或在课程检讨之后产生变动。如对课程有任何疑问，请联系授课教师。

The course information as follows may be subject to change, either during the session because of unforeseen circumstances, or following review of the course at the end of the session. Queries about the course should be directed to the course instructor.

1.	课程名称 Course Title	钢琴演奏实训/Piano Performance Training				
2.	授课院系 Originating Department	艺术中心/Arts Center				
3.	课程编号 Course Code	GEM073				
4.	课程学分 Credit Value	2				
5.	课程类别 Course Type	通识选修课程 General Education (GE) Elective Courses				
6.	授课学期 Semester	秋季 Fall				
7.	授课语言 Teaching Language	中英双语 English & Chinese				
8.	授课教师、所属学系、联系方式 (如属团队授课, 请列明其他授课教师) Instructor(s), Affiliation & Contact (For team teaching, please list all instructors)	刘珂廷 LIU KETING 艺术中心 Arts Center 13534229488 李瀚瀚 Li Hanhan 艺术中心 Arts Center 13612830859				
9.	实验员/助教、所属学系、联系方式 Tutor/TA(s), Contact	无 NA				
10.	选课人数限额(可不填) Maximum Enrolment (Optional)					
11.	授课方式 Delivery Method	讲授 Lectures	习题/辅导/讨论 Tutorials	实验/实习 Lab/Practical	其它(请具体注明) Other (Please specify)	总学时 Total
	学时数	32		32		64

Credit Hours

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12. 先修课程、其它学习要求 Pre-requisites or Other Academic Requirements	无 NA
13. 后续课程、其它学习规划 Courses for which this course is a pre-requisite	无 NA
14. 其它要求修读本课程的学系 Cross-listing Dept.	无 NA

教学大纲及教学日历 SYLLABUS

15. 教学目标 Course Objectives

技能目标	<ol style="list-style-type: none"> 培养学生掌握钢琴的基本演奏技巧，包括正确的坐姿、手位、指法以及力度控制等，使学生能够流畅、准确地演奏钢琴曲目。 提高学生的演奏速度、节奏感和音准，确保学生在演奏过程中能够保持稳定的速度和准确的音高。 引导学生学习不同风格、不同时期的钢琴作品，丰富演奏曲目，拓宽音乐视野。
知识目标	<ol style="list-style-type: none"> 教授学生钢琴演奏的基本理论知识，包括乐理知识、音乐史、曲式分析等，使学生具备扎实的音乐理论基础。 引导学生理解钢琴作品的风格特点、创作背景以及表现手法，提高学生的音乐鉴赏能力。 教授学生钢琴伴奏、合奏等技能，培养学生的协作精神和团队合作能力。
能力目标	<ol style="list-style-type: none"> 培养学生的自主学习能力，使学生能够独立完成钢琴练习和曲目学习。 提高学生的音乐表现力和感染力，使学生能够通过演奏传达音乐情感，引起听众共鸣。 培养学生的音乐创作能力，鼓励学生尝试改编、创作钢琴作品，发挥个人创造力。
实践目标	<ol style="list-style-type: none"> 组织学生参加各类音乐比赛、演出等活动，为学生提供展示才华的平台，积累实践经验。 引导学生参与钢琴教学、社区文化活动等，培养学生的社会责任感和奉献精神。 加强与校内外艺术团体的合作与交流，拓宽学生的艺术视野和人际交往能力。
<p>钢琴实训实践与理论课程旨在培养具有扎实钢琴演奏技能、丰富音乐理论知识、良好音乐表现力和创作能力的学生，为他们未来的音乐道路奠定坚实的基础。同时，通过实践活动和团队协作，培养学生的综合素质和社会适应能力，为他们的全面发展提供有力支持。</p>	

Skill Objectives

- 1.To cultivate students' mastery of basic piano playing skills, including correct sitting posture, hand position, fingering, and dynamic control, enabling them to perform piano pieces fluently and accurately.
- 2.To improve students' playing speed, rhythmic sense, and intonation, ensuring that they can maintain a stable speed and accurate pitch during their performances.
- 3.To guide students in learning piano works of different styles and periods, enriching their repertoire and broadening their musical horizons.

Knowledge Objectives

- 1.To teach students the basic theoretical knowledge of piano playing, including music theory, music history, and musical form analysis, equipping them with a solid foundation in music theory.
- 2.To guide students in understanding the stylistic characteristics, creative backgrounds, and expressive techniques of piano works, enhancing their musical appreciation abilities.
- 3.To teach students skills such as piano accompaniment and ensemble playing, cultivating their spirit of collaboration and teamwork.

Ability Objectives

- 1.To cultivate students' autonomous learning abilities, enabling them to independently complete piano practice and repertoire studies.
- 2.To enhance students' musical expressiveness and appeal, allowing them to convey musical emotions through their performances and resonate with the audience.
- 3.To cultivate students' musical creativity, encouraging them to attempt adaptations and compositions of piano works, exercising their personal creativity.

Practical Objectives

- 1.To organize students to participate in various music competitions, performances, and other activities, providing them with a platform to showcase their talents and accumulate practical experience.
- 2.To guide students in participating in piano teaching, community cultural activities, and other endeavors, cultivating their sense of social responsibility and dedication.
- 3.To strengthen cooperation and exchange with musical groups inside and outside the school, broadening students' artistic horizons and interpersonal skills.

The piano practical training courses aim to cultivate students with solid piano playing skills, rich musical theoretical knowledge, excellent musical expressiveness, and creative abilities, laying a solid foundation for their future musical paths. Simultaneously, through practical activities and teamwork, students' comprehensive qualities and social adaptability are fostered, providing strong support for their overall development.

16. 预达学习成果 Learning Outcomes

学生将掌握钢琴的基本演奏技巧，提升演奏水平，能够准确、流畅地演奏各类曲目。通过实践训练，学生将能够运用所学技巧，表达音乐的情感与内涵，使演奏更具感染力和表现力。在实践过程中学生将深入理解和掌握音乐理论知识，包括乐理、音乐史、曲式分析等。这不仅能够帮助学生更好地欣赏和理解音乐作品，还能够为其未来的音乐创作和表演提供坚实

的理论基础。

该课程将培养学生的音乐审美能力和鉴赏力，能够独立分析音乐作品的风格、特点和表现手法，从而提升其音乐素养和综合能力。该课程通过鼓励学生参与各种音乐活动和比赛，使其积累丰富的实践经验，为未来的音乐发展奠定坚实的基础。

Students will master the basic piano playing skills, improve their performance level, and be able to accurately and smoothly perform various pieces. Through practical training, students will be able to apply the learned skills to express the emotions and connotation of music, making their performances more appealing and expressive. In the process of practice, students will deeply understand and grasp musical theoretical knowledge, including music theory, music history, and musical form analysis. This will not only help students better appreciate and understand musical works, but also provide a solid theoretical foundation for their future music creation and performance.

This course aims to cultivate students' musical aesthetic ability and appreciation, enabling them to independently analyze the style, characteristics, and expressive techniques of musical works, thereby enhancing their musical literacy and overall abilities. By encouraging students to participate in various musical activities and competitions, the course allows them to accumulate rich practical experience, laying a solid foundation for their future musical development.

17. 课程内容及教学日历（如授课语言以英文为主，则课程内容介绍可以用英文；如团队教学或模块教学，教学日历须注明主讲人）

Course Contents (in Parts/Chapters/Sections/Weeks. Please notify name of instructor for course section(s), if this is a team teaching or module course.)

一、课程内容及教学日历 主讲人：刘珂廷

第 1-2 周：钢琴基础技能与理论入门（共 8 学时）

- 钢琴的基本构造与保养（2 学时）
- 正确的坐姿、手位与基本指法（2 学时）
- 音乐基础理论概览：音高、节奏、节拍（4 学时）

第 3-4 周：基础曲目练习与乐理深化（共 8 学时）

- 简单的音阶与琶音练习（4 学时）

1.C、G 大调音阶与琶音双手正反向

2.A、E 小调音阶与琶音双手正反向

- 节奏感训练与基础曲目演奏（4 学时）

1. 拜厄基础教程 20-40 首

2. 车尔尼 599 练习曲 15-30 首

3. 《钢琴基础教程》1-20 首

4. 巴赫初级钢琴曲集 1-6 首

第 5-6 周：中级曲目学习与技巧提升（共 8 学时）

● 和弦与转位练习（2 学时）

1. C、G 大调和弦双手
2. A、E 小调和弦双手

● 复杂节奏型的掌握（2 学时）

1. 乐理知识-节奏型部分
2. 视唱练耳节奏听力练习

● 中级难度曲目的学习与演奏（4 学时）

1. 车尔尼 599 练习曲 30-60
2. 贝多芬奏鸣曲月光第一乐章
3. 久石让《summer》
4. 柴可夫斯基四季

第 7-8 周：音乐风格与作品分析（共 8 学时）

● 不同音乐风格的特点与演奏技巧（4 学时）

1. 传统型练习曲与炫技练习曲的艺术特点
2. 复调音乐及主调音乐的艺术特点

● 经典钢琴作品分析（4 学时）

1. 肖邦练习曲
2. 贝多芬奏鸣曲黎明
3. 莫扎特第 10 钢琴协奏曲

第 9-10 周：高级曲目演奏与技巧强化（共 8 学时）

● 高级演奏技巧的学习与实践（2 学时）

1. 肖邦练习曲 op.10

● 复杂曲式结构的理解与演奏（2 学时）

1. 巴赫十二平均律上册

● 高级曲目学习与演奏（4 学时）

1. 张朝《皮黄》
2. A 叔改编二次元作品（学生自选）

3. 莫扎特及贝多芬高级别奏鸣曲：黎明、热情、暴风雨

第 11-12 周：合奏与伴奏技能培养（共 8 学时）

- 钢琴与其他乐器的合奏练习（2 学时）
- 钢琴伴奏技巧的学习与实践（2 学时）
- 合奏曲目排练与演出准备（4 学时）

第 13-14 周：音乐表现与舞台表演（共 8 学时）

- 音乐表现力的培养与提升（2 学时）
- 舞台表演技巧的学习与实践（2 学时）
- 模拟演出与表演评估（4 学时）

1. 根据学生课堂学习及水平拟定曲目

第 15-16 周：课程总结与成果展示（共 8 学时）

- 课程学习成果总结与反思（4 学时）
- 举办音乐会或汇报演出，展示学习成果（4 学时）

二、课程内容及教学日历 主讲人：李瀚瀚

第一周：确定课程目标和安排、教学方法和评估方式（4 学时）

第二周：钢琴演奏的基础知识（钢琴的起源和发展、钢琴的组成和构造、钢琴演奏的基本姿势和手法、音符和节拍的基本认识）（2 学时）

实践活动：高效识谱。提供几首拥有相同音难点的视奏作品。教导学生养成良好的视奏习惯：眼睛始终盯着书页；避免回去修正错误；预览强弱变化、运音法、踏板和重复符号的片段。（2 学时）

第三周：手指训练（手指灵活性训练）（2 学时）

实践活动：所有学生练习《哈农》，其中 2、14、18 首等练习强化左右手五指灵活性（2 学时）

第四周：音阶练习（音阶的基础知识和练习）（2 学时）

实践活动：组织大小调音阶正向、反向的练习与小组课堂比赛（2 学时）

第五周：和弦的基础知识和练习（和弦的定义和分类、和弦的连续演奏练习）（2 学时）

实践活动：组织和弦练习与和弦转调的小组课堂比赛（2 学时）

第六周：练习曲及曲目学习的基本要素（2 学时）

实践活动：运用《车尔尼钢琴流畅练习曲 作品 599、849、299、740》等，选择技术上易于理解但会带来识谱上音高、节奏、速度、运音法、强弱对比等具有挑战的曲目，组织学生系统且深入探讨指定曲目的难点、亮点（2 学时）

第七周：演奏技巧的培养（2 学时）

实践活动：组织学生进行艺术歌曲的钢琴伴奏演练(2 学时)

第八周：节奏感的培养（2 学时）

实践活动：使用《布格穆勒进阶钢琴练习曲 op.100》教授简单的节奏与乐感,并用节拍器调整不同的节奏。组织学生数和打出乐曲的拍子。(2 学时)

第九周：速度控制和演奏技巧 (2 学时)

实践活动：运用《肖邦钢琴作品全集》针对每个学生的强项练习速度的变化，选择两个或多个能够展示其优势的乐曲。与学生聆听与演奏这些乐曲，并让他从两个选项中选择一首乐曲。(2 学时)

第十周：音色和音量的变化(2 学时)

实践活动：让学生展示他上周的练习情况。精讲《贝多芬钢琴 32 首奏鸣曲》重点的练习技巧。(2 学时)

第十一周：对于演奏乐曲的理解有大体的把握，能够表达出各部分作曲家的意图(2 学时)

实践活动：组织学生开展钢琴演奏观摩会(2 学时)

第十二周：四手联弹排练— 做出各种处理：强弱对比，“连、断”触键，乐句塑造，速度变化等（4 学时）

第十三周：双钢琴排练— 相互磨合，着重攻克难点的技术与音乐的表达(4 学时)

第十四周：独奏— 解决背谱中出现的记忆漏洞，能够完整且顺畅背谱，继续打磨细节(2 学时)

实践活动：组织学生开展小型钢琴音乐会(2 学时)

第十五周：双钢琴排练— 相互磨合，培养默契，包括呼吸、句尾、音色、情绪等细节上的统一(4 学时)

第十六周：独奏、重奏等考核— 达到演奏状态，作品演绎较为成熟，且富有表现力的演奏(4 学时)

1.Course Content and Teaching Calendar (LIU KETING)

Weeks 1-2: Basic Piano Skills and Theoretical Introduction (8 hours in total)

- Basic structure and maintenance of the piano (2 hours)
- Correct sitting posture, hand position, and basic fingering (2 hours)
- Overview of basic music theory: pitch, rhythm, and beat (4 hours)

Weeks 3-4: Basic Piece Practice and Deepening of Music Theory (8 hours in total)

- Simple scale and arpeggio practice (4 hours)
 - C, G Major Scales and Arpeggios with Both Hands in Forward and Reverse Directions
 - A, E Minor Scales and Arpeggios with Both Hands in Forward and Reverse Directions
- Rhythm training and basic piece performance (4 hours)
 - Basic Exercises from Beyer's Pianoforte School Nos. 20-40
 - Czerny's Op. 599 Nos. 15-30
 - The First 20 Pieces from "Piano Basic Course"
 - Bach's Preliminary Notebook for the Piano Nos. 1-6

Weeks 5-6: Intermediate Piece Learning and Technique Enhancement (8 hours in total)

- Chord and inversion practice (2 hours)
 - C, G Major Chords with Both Hands

A, E Minor Chords with Both Hands

- Mastering complex rhythmic patterns (2 hours)

Theory Knowledge - Rhythm Section

Sight-singing and Ear Training for Rhythm

- Learning and performance of intermediate-level pieces (4 hours)

Czerny's Op. 599 Nos. 30-60

Beethoven's Moonlight Sonata, First Movement

Joe Hisaishi's "Summer"

Tchaikovsky's Seasons

Weeks 7-8: Musical Styles and Work Analysis (8 hours in total)

- Characteristics and performance techniques of different musical styles (4 hours)

Artistic Features of Traditional and Virtuoso Etudes

Artistic Features of Polyphonic and Homophonic Music

- Analysis of classic piano works (4 hours)

Chopin's Etudes

Beethoven's Piano Sonata "Le Crepuscule du Matin"

Mozart's Piano Concerto No. 10

Weeks 9-10: Advanced Piece Performance and Technique Strengthening (8 hours in total)

- Learning and practice of advanced playing techniques (2 hours)

Chopin's Etudes Op. 10

- Understanding and performance of complex musical forms (2 hours)

Bach's The Well-Tempered Clavier, Book 1

- Learning and performance of advanced pieces (4 hours)

Zhang Chao's "Pi Huang"

Uncle A's Adapted Works of Animation Music (Student's Choice)

Mozart and Beethoven's Advanced Sonatas: "Le Crepuscule du Matin," "Appassionata," "Storm"

Weeks 11-12: Ensemble and Accompaniment Skills Development (8 hours in total)

- Ensemble practice of piano with other instruments (2 hours)
- Learning and practice of piano accompaniment techniques (2 hours)
- Ensemble repertoire rehearsal and performance preparation (4 hours)

Weeks 13-14: Musical Expression and Stage Performance (8 hours in total)

- Cultivation and enhancement of musical expression (2 hours)
- Learning and practice of stage performance techniques (2 hours)
- Mock performances and performance evaluations (4 hours)

Weeks 15-16: Course Summary and Achievement Display (8 hours in total)

- Summary and reflection on course learning outcomes (4 hours)

- Holding a concert or report performance to showcase learning achievements (4 hours)

2. Course Content and Teaching Calendar (Li Hanhan)

Week 1: Determine course objectives and arrangements, teaching methods and assessment methods (4 credit hours)

Week 2: Basic knowledge of piano playing (the origin and development of the piano, the composition and structure of the piano, basic postures and techniques of piano playing, basic understanding of notes and beats) (2 credit hours)

Practical activity: efficient music reading. Provide several sight-reading works with the same musical difficulty. Teach students good sight-reading habits: keep your eyes on the page; avoid going back to correct mistakes; preview passages of intensities, articulations, pedals, and repeated symbols. (2 credit hours)

Week 3: Finger training (finger flexibility training) (2 credit hours)

Practical activities: All students practice *Hanon* No. 2, 14, 18 and other exercises to strengthen the flexibility of the five fingers of their left and right hands (2 credit hours)

Week 4: Scale practice (basic knowledge and practice of scales) (2 credit hours)

Practical activities: Organize forward and reverse exercises and group class competitions for major and minor scales (2 credit hours)

Week 5: Basic knowledge and exercises of chords (definition and classification of chords, continuous playing exercises of chords) (2 credit hours)

Practical activities: Organize group class competitions for chord exercises and chord transpositions (2 credit hours)

Week 6: Basic elements of etudes and repertoire learning (2 hours)

Practical activities: Use pieces in *Czerny Piano Etude Op. 599, 849, 299, 740*, etc., and choose music that is technically easy to understand but will bring about the knowledge of pitch, rhythm, speed, articulation, contrast between strengths and weaknesses, etc. Challenging repertoire, organize students to systematically and deeply explore the difficulties and highlights of the appointed repertoire (2 hours)

Week 7: Development of performance skills (2 hours)

Practical activities: Organize students to practice piano accompaniment of art songs (2 hours)

Week 8: Developing a sense of rhythm (2 hours)

Practical activities: Use *Burgmüller Piano Etude Op. 100* to teach rhythm and musicality, and use a metronome to adjust different rhythms. Organize students to count and tap the music. (2 credit hours)

Week 9: Speed control and playing techniques (2 hours)

Practical activities: Use pieces in *Chopin's Complete Piano Works* to practice changes in speed according to each student's strengths, and select two or more pieces of music that can demonstrate their strengths. Listen and play these pieces with the student and ask him to choose one piece from the two options. (2 credit hours)

Week 10: Changes in timbre and sound dynamics (2 hours)

Practical activity: Have students show how they practiced last week. Focus on the key practice techniques of the pieces in *Beethoven's 32 Piano Sonatas*. (2 credit hours)

Week 11: Have a general understanding of the performance of the music and be able to express the composer's intention in each part (2 credit hours)

Practical activities: Organize students to conduct piano performance observation sessions (2 credit hours)

Week 12: Rehearsal of four-hand playing - various processing: dynamics- contrast between strong and weak, "legato or staccato" key touches, phrase shaping, speed changes, etc. (4 credit hours)

Week 13: Dual Piano Rehearsal - running into each other, focusing on overcoming difficult techniques and musical expression (4 credit hours)

Week 14: Solo - Solve the memory loopholes in memorizing scores, be able to memorize scores completely and smoothly, and continue to polish the details ((2 credit hours)

Practical activities: Organize students to conduct small piano concerts (2 credit hours)

Week 15: Dual Piano Rehearsal - run into each other and develop a tacit understanding, including the unity of breathing, phrasing, timbre, emotion and the other details (4 credit hours)

Week 16: Solo, ensemble and other assessments - reaching the performance state, performing the work with a mature and expressive performance (4 credit hours)

18. 教材及其它参考资料 Textbook and Supplementary Readings

1. 《拜厄钢琴基本教程》，上海音乐学院出版社，2010年
2. 《钢琴基础教程》，上海音乐出版社，2003年
3. 《巴赫初级钢琴曲集》，上海音乐出版社，2005年
4. 《车尔尼钢琴流畅练琴曲作品 849》，上海教育出版社，2019年
5. 《巴赫二部创意曲》，江苏文艺出版社，2008年
6. 《克拉莫 60 首钢琴练习曲》，人民音乐出版社，2005年
7. 《莫什科夫斯基钢琴技巧练习曲 15 首》，上海音乐出版社，2011年
8. 《肖邦练习曲集》，人民音乐出版社，1995年
9. 《莫扎特钢琴奏鸣曲集》，湖南文艺出版社，2010年
10. 《贝多芬钢琴奏鸣曲集》湖南文艺出版社，2005年
11. 《柴科夫斯基四季》人民音乐出版社，2018年
12. 网络资源乐谱

1."Basic Piano Course by Beyer", published by Shanghai Conservatory of Music Press, 2010.

2."Basic Piano Tutorial", published by Shanghai Music Publishing House, 2003.

3."Johann Sebastian Bach's Elementary Piano Pieces", published by Shanghai Music Publishing House, 2005.

4."Czerny's Etude Op. 849", published by Shanghai Education Publishing House, 2019.

5."Johann Sebastian Bach's Two-Part Inventions", published by Jiangsu Literature and Art Publishing House, 2008.

6."60 Piano Etudes by Cramer", published by People's Music Publishing House, 2005.

7."15 Etudes for Piano Technique by Moszkowski", published by Shanghai Music Publishing House, 2011.

8."Frédéric Chopin's Etudes", published by People's Music Publishing House, 1995.

9. "Mozart's Piano Sonata Collection", published by Hunan Literature and Art Publishing House, 2010.
10. "Ludwig van Beethoven's Piano Sonata Collection", published by Hunan Literature and Art Publishing House, 2005.
11. "Tchaikovsky's The Seasons", published by People's Music Publishing House, 2018.
12. Online Resources for Sheet Music

课程评估 **ASSESSMENT**

19. 评估形式 Type of Assessment	评估时间 Time	占考试总成绩百分比 % of final score	违纪处罚 Penalty	备注 Notes
出勤 Attendance		20		
课堂表现 Class Performance		20		
小测验 Quiz				
课程项目 Projects				
平时作业 Assignments				
期中考试 Mid-Term Test				
期末考试 Final Exam		60		
期末报告 Final Presentation				
其它（可根据需要 改写以上评估方 式） Others (The above may be modified as necessary)				

20. 记分方式 **GRADING SYSTEM**

- A. 十三级等级制 Letter Grading
- B. 二级记分制（通过/不通过） Pass/Fail Grading

课程审批 **REVIEW AND APPROVAL**

21. 本课程设置已经过以下责任人/委员会审议通过
This Course has been approved by the following person or committee of authority